



4 Classy DIY Skin Care Gifts

you can make while the kids are napping

MADEON:
SKIN CARE PRODUCTS



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LAVENDER EPSOM SALT BATH

16 oz Epsom Salt
20 Drops lavender
essential oil

In a mixing bowl, add drops of the essential oil to the bath salt and mix well. Store in a glass jar.

Add 1/3 to 1/2 cup of the scented salts to a bath for a soothing, luxurious experience!

Use Epsom salt that is 100% magnesium sulfate.



LOTION BAR

4 oz Beeswax
4 oz Shea Butter
4 oz Coconut Oil

Use a double boiler to melt the above ingredients.
Stir well (optional: stir in 20 - 40 drops of essential oil)

Pour into a "mold" (candy mold, soap mold, or cupcake tray)
Allow to cool completely. Then freeze for 30 minutes for easy pop-out. Store wrapped in parchment paper.

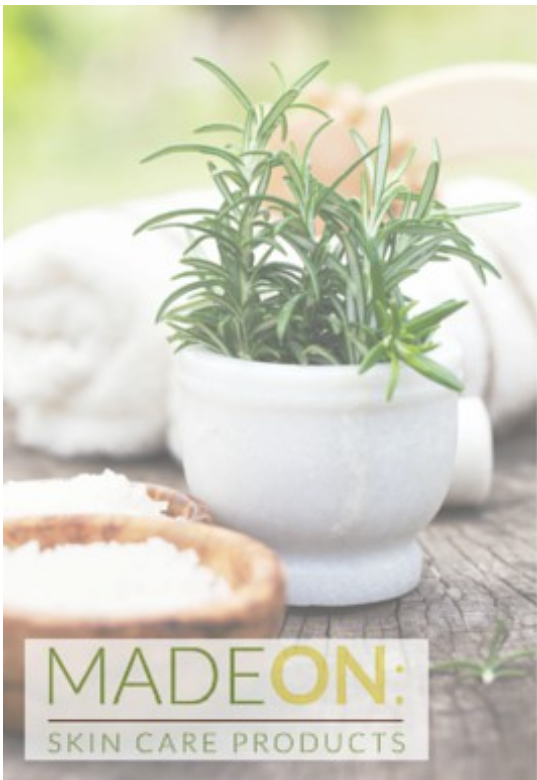
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2 oz Beeswax
2 oz Shea Butter
2 oz + 1 tsp Coconut Oil

Use a double boiler to melt the above ingredients.
Stir well (optional: stir in 10 - 20 drops of essential oil)
Keep the mixture hot and fill lip balm tubes using a medicine dropper. Top off with another drop of lip balm mix before the lip balms completely harden. Allow to cool completely and then cap. Makes 25 lip balms

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SUGAR SCRUB

3 parts sugar
(brown, white, or raw... or Epsom salt)

1 part oil (olive,
almond, jojoba or
grapeseed oil)

Combine the ingredients in a bowl. Stir until thoroughly combined. Add essential oil or dried herbs. Store in a sealed container for up to 2 months. To use, apply sugar scrub to wet skin. Massage the scrub into skin and then rinse with water.

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WHERE TO BUY INGREDIENTS

OILS & BUTTERS, BEESWAX,
CONTAINERS
www.fromnaturewithlove.com
www.mountainroseherbs.com

CONTAINERS & PACKAGING
www.papermart.com

EPSOM SALT (Magnesium)
<http://www.sfsalt.com/epsom-salt>

DIY LOTION & LIP BALM KIT
<http://store.hardlotion.com>

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CLEAN UP TIPS

Wipe first.

It's important especially with the lotion bar and lip balm recipes to completely wipe out all residue from your equipment while it's still hot. This will prevent beeswax build-up that will be difficult to clean later.

Use hot, soapy water.

Soak first, and then scrub with a sponge. With lotion bar molds, you may want to freeze first, and then scrape the hardened lotion.

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WRAP IDEAS

THE NATURAL LOOK:

- burlap
- kraft cardstock
- twine
- dried herbs
- muslin

COLORFUL:

- print onto ribbon
- DIY tinted Mason jars
- chalkboard paint

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